



**Pro-Active College™**  
FREEDOM THROUGH KNOWLEDGE

## FACILITATE AND MONITOR THE DEVELOPMENT OF BABIES, TODDLERS AND YOUNG CHILDREN

This learning programme forms part of the Further Education and Training Certificate in Early Childhood Development. It provides the learner with the knowledge, skills, attitudes and values to facilitate, observe and assess the development of babies, toddlers and young children.



**Unit Standard  
Aligned**



**SETA  
Accredited**



**Outcomes  
Based**

Designed and developed by Pro-Active College, this skills programme is aligned to the unit standards:

**DEMONSTRATE KNOWLEDGE AND UNDERSTANDING OF THE DEVELOPMENT OF BABIES, TODDLERS AND YOUNG CHILDREN (US: 244484)**

NQF Level 4  
8 Credits

**FACILITATE THE HOLISTIC DEVELOPMENT OF BABIES, TODDLERS AND YOUNG CHILDREN (US: 244480)**

NQF Level 4  
16 Credits

**OBSERVE AND REPORT ON CHILD DEVELOPMENT (US: 244475)**

NQF Level 4  
6 Credits

**DESCRIBE HOW TO MANAGE ANXIETY AND DEPRESSION IN THE WORKPLACE (US: 244571)**

NQF Level 3  
2 Credits

### TARGET GROUP

This skills programme is designed for the Early Childhood Development sector and is intended for those who need to:

- gain knowledge and skills on how to facilitate the development of babies, toddlers and young children; and
- develop skills to observe and assess babies, toddlers and young children.

### BENEFITS

The benefits of this skills programme include:

- gaining knowledge and skills on how to facilitate the development of preschool children;
- the ability to observe and assess preschool children and give valuable feedback to parents;
- becoming knowledgeable about developmental milestones;
- understanding which factors influence child development;
- learning how to handle difficult behaviour of babies, toddlers and young children; and
- gaining an understanding of the effects of anxiety and depression in the early childhood development environment.

### ABOUT US

Pro-Active College excels in the education, training and development of public and private sector officials. With its strong focus on practical workplace skills, Pro-Active College strives to facilitate measurable improvements in the productivity of client organisations.

## Contact Us



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## PROGRAMME OUTCOMES

On completion of this skills programme, learners will be able to:

- demonstrate knowledge and understanding of ways of seeing the development of babies, toddlers and young children;
- demonstrate knowledge and understanding of the development of babies, toddlers and young children within each domain of development;
- facilitate development of babies, toddlers and young children;
- reflect on own facilitation;
- observe babies, toddlers and young children;
- record observations;
- give feedback on observations;
- describe anxiety and its impact on the workplace;
- describe depression and its impact on the workplace;
- distinguish between anxiety and depression; and
- investigate ways of supporting and accommodating anxiety and depression in the workplace.

## ENTRY REQUIREMENTS

The credit calculation in the relevant unit standards is based on the assumptions that learners are competent in:

- communication (NQF level 3);
- mathematical literacy (NQF level 3); and
- a second language (NQF level 2).

## DURATION

Four day contact session combined with practical workplace experience.

## PORTFOLIO OF EVIDENCE

To be declared competent in these unit standards the learner must be assessed by a registered assessor and be found competent in the following:

### Formative Assessment

Consisting of classroom activities on which the facilitator will give feedback.

### Summative Assessment

This assessment consists of workplace assignments and questions. This must be the learners' own individual work.

# Programme Outline

## Learning Unit One

### Demonstrate Knowledge and Understanding of the Development of Babies, Toddlers and Young Children

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- Child development theories
- Comparing theories of Vygotsky and Piaget
- Ubuntu – Humanist philosophy
- Stages of development of children in each area described in line with existing theories
- Factors that influence child development
- How does one area of child development affect the other

## Learning Unit Two

### Facilitate the Holistic Development of Babies, Toddlers and Young Children

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- The caregiver
- Facilitation
- Children with special needs
- Guiding and directing child behaviour
- Reflecting on one's own facilitation

## Learning Unit Three

### Observe and Report on Child Development

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- Assessments
- Assessment of specific aspects of the child's development
- Common questions parents often ask
- Possible causes for children experiencing developmental delays and other problems during the pre-school years
- Consulting a qualified professional

## Learning Unit Four

### Describe How to Manage Anxiety and Depression in the Workplace

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- Anxiety
- Depression
- The difference between anxiety and depression
- Stress, anxiety and depression in the workplace